



The McGillis School

AfterSchool Enrichment Offerings Spring 2020

PERFORMING & VISUAL ARTS

Cartoons and Caricatures

This class will focus on creating fun cartoons and caricatures by drawing animals and people with exaggerated or funny features. We will do drills and exercises that will help us become familiar with “average” features, and then we will practice how to exaggerate them while maintaining likeness. We will do a lot of drawing in this class and each student will receive a sketchbook to record ideas and examples. We will also have opportunities to create single and multiple-panel cartoons as students illustrate responses to silly lines and circumstances. Students will have the opportunity to use markers, colored pencils or watercolors to add color to their characters. Our last class will include a “gallery stroll,” in which parents, siblings and friends are encouraged to join us as we celebrate our creations.

Grades: 2 - 5

Instructors: Lauren and Barbara Kidd

When: Mondays

Time: 3:30 PM - 5:00 PM

Start Date: January 27th

End Date: April 6th (no class February 17th)

Total Sessions: 10

Cost: \$190 (including supplies)

Registration and Payment: Please contact Lauren Kidd at lkidd@mcgillisschool.org

Millennium Dance - Hip Hop Fundamentals

Break dancing, rhythm, percussion, beats, grooves, and a DEEJAY! Come learn the fundamentals of Hip Hop Dance while learning techniques and the roots of where it all started. Each class will begin with a warm up and jump right into dance techniques. This class will wrap up with a performance showcasing the students' work from the 8-week course.

Grades: K - 2

Instructor: Koni Wray

When: Fridays

Time: 3:30 PM - 4:30 PM

Start Date: January 31st

End Date: April 3rd (no class on February 21st or March 13th)

Total sessions: 8

Cost: \$150.00

Registration and Payment: Please contact Koni Wray at koni.wray@gmail.com

Kidding Around Yoga

The Kidding Around Yoga (KAY) program incorporates yoga with original music, games, sensory play, as well as other tools and activities to help children focus their minds and stretch their bodies. KAY also incorporates all of the traditional benefits of Yoga, with meditation, breathing techniques, peace, and deep relaxation. The KAY system fosters a love of yoga, that can set the stage for a lifelong practice. For more information go to www.kiddingaroundyoga.com/sarahbly www.facebook.com/kiddingaroundyogawithsarahbly

Grades: K - 2

Instructor: Sarah Bly

When: Thursdays

Time: 3:30 PM - 4:45 PM

Start Date: February 27th

End Date: May 7th (no class March 12th or April 9th and 16th)

Total sessions: 8

Cost: \$140.00

Registration and Payment: Please contact Sarah at Sarahbly@kiddingaroundyoga.com

LAJAMARTIN - Physical Dance Theater Performance

If you love to move, act, and dance, this style of performance is for you! Bringing all elements together of a live performance, we will create a brand new physical dance theatre piece that will culminate in a final showcase at the end of the course. Everyday we will warm-up and practice movement styles that incorporate floorwork, acrobatic elements, contemporary movement, and Slovak Folklore. We will also play with lip-syncing, practice live scenes, and encourage you to explore your own style of improvisation to fuel our creative options. We welcome everyone, no dance experience required. Join us for an explorative performance opportunity! For more information visit lajamartin.com

Grades: K - 3

Instructors: Laja Field and Martin Durov

When: Wednsdays

Time: 3:30 PM - 4:30 PM

Start Date: March 11th

End Date: May 13th (no class on April 15th)

Total Sessions: 9

Cost: \$175

Registration and Payment: Please contact Laja Field and Martin Durov at lajamartinco@gmail.com

Beginning Techies Improv

Life is a big improvisation. Whether it's actors making the best of mishaps on stage or techies behind the scenes frantically repairing a broken prop, the skills obtained in theater on and off stage encourage problem-solving and decision making on the fly. We will paint scenery, learn how to use a digital soundboard, and learn improvisational games and skills along the way. Our efforts will culminate in a final performance showcasing accomplishments made throughout the spring.

Grades: 4 - 6 (recommended)

Instructors: Sean Sweeney and Karen Nielsen-Anson

When: Thursdays

Time: 3:30 PM - 4:45 PM

This class is currently full. Email Sean Sweeney regarding waitlists.

Cost: \$175.00

Registration and Payment: Please contact Sean Sweeney at seany14@hotmail.com

Intermediate Techies Improv

Some would say improv is like trying to construct an airplane in mid-flight. It requires timing, ingenuity, and trust in your tools. As we step off from beginning improvisational techniques, we will dive into long form and musical applications as well as learn more advanced forms of scene building. This class is offered for those who have completed our Beginning Techies class and are looking to take their existing skill set to the next level.

*Prerequisite: Beginning Techies Improv

Grades: 6 - 8

Instructors: Sean Sweeney and Karen Nielsen-Anson

When: Fridays

Time: 3:30 PM - 4:50 PM

This class is currently full. Email Sean Sweeney regarding waitlists.

Cost: \$175.00

Registration and Payment: Please contact Sean Sweeney at seany14@hotmail.com

Advanced Techies Improv

You have to first learn the rules of improve so that you can enjoy breaking them! Do you want to advance into a world where improv is as second nature as breathing? Do you want to read your audience without even looking at them or hold them in suspense until you hit that grand punchline that the scene has been cuing up? Would you like to help us run the presentations at McGillis as a stage manager, sound designer, or simply wear a cool headset? This is where you can finally immerse your personality into improv.

*Prerequisite: Beginning & Intermediate Techies Improv. There is an audition component to this course.

Grades: 6 - 8

Instructors: Sean Sweeney and Karen Nielsen-Anson

When: Fridays

Time: 4:50 PM. - 6:00 PM

This class is currently full. Email Sean Sweeney regarding waitlists.

Cost: \$175.00

Registration and Payment: Please contact Sean Sweeney at seany14@hotmail.com

EXPLORATIONS

Spark Lab: Builders Challenge K-2

Spark that idea in your head and start solving hands on problems in Problem Solvers STEAM Challenge. This offering, themed around building and construction, will challenge students to work independently and collaboratively to solve STEAM themed challenges. Through various hands-on, self-directed activities, students will explore their creativity and experiment through trial and error.

Grades: K-2

Instructor: Erika Collins

When: Mondays

Time: 3:30 PM - 4:30 PM

Start Date: January 27th

End Date: March 23rd (no class February 17th)

Total classes: 8

Fee: \$125.00

Registration and Payment: Please contact Erika Collins at ecollins@mcgillisschool.org

Futsal Training: Beginners

Why Futsal? This indoor version of the game of soccer is an excellent tool for developing quick reflexes, fast thinking, and pinpoint passing. After learning the game, players exercise faster decision making, pass and move more rapidly, and often show greater creativity on the field. Learn the sport that helped make Messi, Neymar, and Ronaldo some of soccer's top players. Sam Rogers, who teaches Physical Education at The McGillis School, is a former professional soccer player and an experienced youth coach for the Utah Development Academy. This introductory class, tailored to beginners, will teach players the basic rules of soccer, and the accompanying foundational skills. Emphasis will be placed on developing the individual player through drills and scrimmages suited for beginners and younger players alike.

*Please note, the Middle School Athletics schedule may be subject to change, as a result this class may be subject to occasional rescheduling.

Grades: K - 2

Instructor: Sam Rogers

When: Wednesdays

Time: 5:00 PM - 6:00 PM

Start Date: March 4th

End Date: April 29th (no class on April 15th)

Total Sessions: 8

Cost: \$140.00

Registration and Payment: Please contact Sam Rogers at srogers@mcgillisschool.org

Futsal Training: Next Step

Why Futsal? This indoor version of the game of soccer is an excellent tool for developing quick reflexes, fast thinking, and pinpoint passing. After learning the game, players exercise faster decision making, pass and move more rapidly, and often show greater creativity on the field. Learn the sport that helped make Messi, Neymar, and Ronaldo some of soccer's top players. Sam Rogers, who teaches Physical Education at The McGillis School, is a former professional soccer player, and an experienced youth coach for the Utah Development Academy. This "next step" class, tailored to those who have existing Soccer

or Futsal knowledge, will focus on more complex training and build on the foundations learned in the introductory class. Emphasis will be placed on further developing the individual player through complex drills and fast paced scrimmages suited for intermediate and advanced players.

Grades: 3 - 8

Instructor: Sam Rogers

When: Fridays

Time: 5:00 PM - 6:00 PM

Start Date: January 31st

End Date: May 1st (no class on February 21st & 28th, March 13th & 27th, April 10th & 17th)

Total Sessions: 8

Cost: \$140.00

Registration and Payment: Please contact Sam Rogers at srogers@mcgillisschool.org

AfterSchool Hebrew

Using mediums such as acting, movement, and play, we will explore basic Hebrew language acquisition. Facilitated by our own Zoe Calahorra, this light-hearted, eight week program is designed for beginning students who want to expand their linguistic horizons.

Grades: 3 - 6

Instructor: Zoe Calahorra

When: Mondays

Time: 3:45 PM - 4:30 PM

Start Date: January 27th

End Date: March 23rd (no class on February 17th)

Total sessions: 8

Cost: \$140.00

Registration and Payment: Please email Zoe Calahorra at zcalahorra@mcgillisschool.org

Chess: Intermediate/Advanced

Intermediate and advanced chess is geared toward students who know how to play and are looking to improve their game and prepare for tournament competition. Students should know the value of pieces, the names of the squares, and how each piece moves and captures.

Students will review opening principals, improve their endgame techniques, solve tactical problems, and play practice games with fellow classmates. Emphasis will be placed on combinations, calculations, tactics, and visualization. Students will also practice using abbreviated algebraic notation and will be encouraged to notate their own games.
Grades: 2 - 8 (1st graders with existing knowledge of chess will be considered)

Instructor: Marti Olsen

When: Wednesdays

Time: 3:30 PM - 4:30 PM

Start Date: January 29th

End Date: April 22nd (no class February 14th or April 15th)

Total sessions: 11

Cost: \$160.00

Registration and Payment: Please email Marti Olson at marti.art@hotmail.com

Registration: Register online at www.play-well.org or call 720-515-7309

Lego Engineering: STEM Challenge

In this 8-week LEGO engineering program, students will work individually and in teams to build and design their own LEGO creations using thousands of LEGO blocks. With a new spring curriculum, both new and returning LEGO engineers will get to explore updated projects and challenges. Students will take their LEGO engineering skills to the next level as they construct in an environment of creativity, problem solving, and conceptual thought.

Grades: 3 - 6

Instructor: Play-Well TEKnologies

When: Thursdays

Time: 3:30 PM - 5:00 PM

Start Date: February 27th

End Date: May 21st (no class March 12th, April 9th, or April 16th)

Total sessions: 10

Cost: \$170.00

Registration: Register online at www.play-well.org or call 720-515-7309

Lego Engineering: Introduction to STEM

In this 8-week LEGO engineering program, students will work both individually and in teams to build and design their own LEGO creations using thousands of LEGO blocks. With a new spring curriculum, both new and returning LEGO engineers will get to explore updated projects and challenges. Students will take their LEGO engineering skills to the next level as they construct in an environment of creativity, problem solving, and conceptual thought.

Grades: K - 2

Instructor: Play-Well TEKnologies

When: Thursdays

Time: 3:30 PM - 5:00 PM

Start Date: February 27th

End Date: May 21st (no class March 12th, April 9th, or April 16th)

Total sessions: 10

Cost: \$170.00

Nerd Hour

Nerd Hour is back for the Winter and Spring of 2020! Spend your Monday afternoons kicked back playing a leisurely board game, intently outmaneuvering your opponents in a hotly contested Magic: The Gathering Tournament, or immersed in an imaginative Dungeons and Dragons campaign. Nerd Hour is the place for games that make you think. Mondays 3:20 PM to 5:20 PM is the time and Room 204 is the place to let your nerd side rule. Embrace it! To improve scheduling flexibility, Mr. Capone - Chief Nerd - will run two seasons of Nerd Hour. Sign up for the first, second, or both!

Grades: 5 - 8

Instructor: Stephen Capone

When: Mondays

Time: 3:20 PM - 5:20 PM

Season 1: January 6th, 13th; February 3rd, 10th, and 24th; March 2nd, 9th, and 23rd

Season 2: March 30th; April 6th, 20th, and 27th; May 4th, 11th, and 18th; June 1st

Total sessions: 8

Cost: \$170 per season

Registration and Payment: Please contact Stephen Capone at scapone@mcgillisschool.org.

Monsters: 3 Seasons of Capone-led RPGs

Mr. Capone, commonly known as "Chief Nerd," is going to run a few games this Spring for a small group of interested students. These three distinct gaming groups will run in a series of Wednesdays and are separate registrations. The games Mr. Capone will run are Monster of the Week (during Seasons 1 and 2) and Dungeons and Dragons (during Season 3). Mr. Capone himself will be Game Master for all three seasons of games, and the third Season will be open to younger students, too! Each season's group will be capped at 5 students, so register soon! Below are the details:

Grades: 5 - 8

When: Wednesdays

Time: 3:30 PM - 5:10 PM

Monster of the Week Campaign

Season 1: January 22nd; February 5th, 12th, and 26th

Grades: 5 - 8

When: Wednesdays

Time: 3:20 PM - 4:50 PM

Monster of the Week Campaign

Season 2: March 4th and 25th; April 1st, 8th, and 22nd

Grades 3 - 8

When: Wednesdays

Time: 3:20 PM - 4:50 PM

Dungeons & Dragons Campaign

Season 3: May 6th, 13th, 20th, and 27th; June 3rd

Total Sessions: 4 or 5

Cost: \$80 per season

Registration and Payment: Please contact Stephen Capone at scapone@mcgillisschool.org