



AfterSchool Enrichment Offerings Fall 2019

PERFORMING & VISUAL ARTS

Visual Arts Institute - Creature Creations Art Class

This Fall, join Ms. Lauren (2nd Grade teacher) and Ms. Barbara (Artist & Visual Arts Instructor) as we draw, paint, and create different animals. We will learn how to analyze shapes to render both domestic and wild animals. We will focus on developing drawing skills as well as learning new painting techniques. In addition, students will have a chance to play with pattern and design as they invent creatures from their imagination. Both new and returning art students are welcome!

Grades: 2 - 5

Instructors: Lauren and Barbara Kidd

When: Mondays

Time: 3:30 P.M. - 5:00 P.M.

Class Starts: September 23rd

Class Ends: November 25th (no class on September 30th & November 11th)

Total Sessions: 8

Cost: \$170 (including supplies)

Registration and Payment: Please contact Lauren Kidd at lkidd@mcgillisschool.org

Millennium Dance - Hip Hop Fundamentals

Break dancing, rhythm, percussion, beats, grooves, and a DEEJAY! Come learn the fundamentals of Hip Hop Dance while learning techniques and the roots of where it all started. Each class will begin with a warm up and jump right into dance techniques. This class will wrap up with a performance showcasing the students' work from the 8-week course.

Grades: K - 2

Instructor: Koni Wray

When: Fridays

Time: 3:30 P.M. - 4:15 P.M.

Start Date: September 27th

End Date: November 22nd (no class on October 25th)

Total sessions: 8

Cost: \$150.00

Registration and Payment: Please contact Koni Wray at koni.wray@gmail.com

Grades: 3 - 8

Instructor: Koni Wray

When: Fridays

Time: 4:15 P.M. - 5:15 P.M.

Start Date: September 27th

End Date: November 22nd (no class on October 25th)

Total sessions: 8

Cost: \$150.00

Registration and Payment: Please contact Koni Wray at koni.wray@gmail.com

Kidding Around Yoga

The Kidding Around Yoga program incorporates yoga with original music, games, sensory play, as well as other tools and activities to help children focus their minds and stretch their bodies. KAY also incorporates all of the traditional benefits of Yoga, with meditation, breathing techniques, peace, and deep relaxation. The KAY system fosters a love of yoga, that can set the stage for a lifelong practice. For more information go to www.kiddingaroundyoga.com/sarahbly www.facebook.com/kiddingaroundyogawithsarahbly

Grades: K - 2

Instructor: Sarah Bly

When: Thursdays

Time: 3:30 P.M. - 4:30 P.M.

Start Date: September 26th

End Date: December 5th (no class October 24 & November 28th)

Total sessions: 9

Cost: \$140.00

Registration and Payment: Please contact Sarah at Sarahbly@kiddingaroundyoga.com

LAJAMARTIN - Physical Dance Theatre Performance

If you love to move, act, and dance, this style of performance is for you! Bringing all elements together of a live performance, we will create a brand new physical dance theatre piece that will culminate in a final showcase at the end of the course. Everyday we will warm-up and practice movement styles that incorporate floorwork, acrobatic elements, contemporary movement, and Slovak Folklore. We will also play with lip-syncing, practice live scenes, and encourage you to explore your own style of improvisation to fuel our creative options. We welcome everyone, no dance experience required. Join us for an explorative performance opportunity! For more information visit lajamartin.com

Grades: K - 3

Instructors: Laja Field and Martin Durov

When: Wednesdays

Time: 3:30 P.M. - 4:30 P.M.

Start Date: October 16th

End Date: December 18th (no class November 27th)

Total Sessions: 9

Cost: \$160

Registration and Payment: Please contact Laja Field and Martin Durov at lajamartinco@gmail.com

Grades: 4 - 8

Instructors: Laja Field and Martin Durov

When: Wednesdays

Time: 4:30 P.M. - 5:30 P.M.

Start Date: October 16th

End Date: December 18 (no class November 27th)

Total Sessions: 9

Cost: \$160

Registration and Payment: Please contact Laja Field and Martin Durov at lajamartinco@gmail.com

Beginning Techies Improv

Life is a big improvisation. Whether it's actors making the best of mishaps on stage or techies behind the scenes frantically repairing a broken prop, the skills obtained in theater on and off stage encourage problem-solving and decision making on the fly. We will paint scenery, learn how to use a digital soundboard, and learn improvisational games and skills along the way. Our efforts will culminate in a final performance showcasing accomplishments made throughout the spring.

Grades: 4 - 6 (recommended)

Instructors: Sean Sweeney and Karen Nielsen-Anson

When: Thursdays

Time: 3:30 P.M. - 4:45 P.M.

Start Date: September 26th

End Date: December 12th (no class November 28th)

Total Sessions: 10

Cost: \$175.00

Registration and Payment: Please contact Sean Sweeney at seany14@hotmail.com

Intermediate Techies Improv

Some would say improv is like trying to construct an airplane in mid-flight. It requires timing, ingenuity, and trust in your tools. As we step off from beginning improvisational techniques, we will dive into long form and musical applications as well as learn more advanced forms of scene building. This class is offered for those who have completed our Beginning Techies class and are looking to take their existing skill set to the next level.

*Prerequisite: Beginning Techies Improv

Grades: 6 - 8

Instructors: Sean Sweeney and Karen Nielsen-Anson

When: Fridays

Time: 3:30 P.M. - 4:50 P.M.

Start Date: September 13th

End Date: November 22nd (no class October 25th)

Cost: \$175.00

Registration and Payment: Please contact Sean Sweeney at seany14@hotmail.com

Advanced Techies Improv

You have to first learn the rules of improve so that you can enjoy breaking them! Do you want to advance into a world where improv is as second nature as breathing? Do you want to read your audience without even looking at them or hold them in suspense until you hit that grand punchline that the scene has been cuing up? Would you like to help us run the presentations at McGillis as a stage manager, sound designer, or simply wear a cool headset? This is where you can finally immerse your personality into improv.

*Prerequisite: Beginning & Intermediate Techies Improv. There is an audition component to this course.

Grades: 6 - 8

Instructors: Sean Sweeney and Karen Nielsen-Anson

When: Fridays

Time: 4:50 P.M. - 6:00 P.M.

Start Date: September 13th

End Date: November 22nd (no class October 25th)

Cost: \$175.00

Registration and Payment: Please contact Sean Sweeney at seany14@hotmail.com

EXPLORATIONS

Skill Struck Voyage: Web Development

You have exposure to websites everyday - whether it's Google, YouTube, Video Games, educational platforms, and more! We interact with these spaces constantly, but rarely experience how they work. In this class, students will learn how to code their own website! By the end of the class students will have made several of their own webpages hemed around the things that interest them most. Students learn HTML, CSS, and Javascript. Come ready to work on real life-skills needed in today's world!

Grades: 4 - 8

When: Mondays

Time: 4:00 P.M. - 5:00 P.M.

Start Date: September 23rd

End Date: December 9th (no class September 30th and November 11th)

Total Sessions: 10

Cost: \$250

Registration and Payment: Please visit skillstruck.com/afterschool/mcgillis

Futsal Training: Beginners

Why Futsal? This indoor version of the game of soccer is an excellent tool for developing quick reflexes, fast thinking, and pinpoint passing. After learning the game, players exercise faster decision making, pass and move more rapidly, and often show greater creativity on the field. Learn the sport that helped make Messi, Neymar, and Ronaldo some of soccer's top players. Sam Rogers, who teaches Physical Education at The McGillis School, is a former professional soccer player and an experienced youth coach for the Utah Development Academy. This introductory class, tailored to beginners, will teach players the basic rules of soccer, and the accompanying foundational skills. Emphasis will be placed on developing the individual player through drills and scrimmages suited for beginners and younger players alike.

**Please note, the Middle School Athletics schedule may be subject to change, as a result this class may be subject to occasional rescheduling.*

Grades: K - 2
Instructor: Sam Rogers
When: Wednesdays
Time: 5:00 P.M. - 6:00 P.M.
Start Date: September 25th
End Date: December 4th (no class October 9th, October 30th, and November 27th)
Total Sessions: 8
Cost: \$120.00
Registration and Payment: Please contact Sam Rogers at srogers@mcgillisschool.org

Futsal Training: Next Step

Why Futsal? This indoor version of the game of soccer is an excellent tool for developing quick reflexes, fast thinking, and pinpoint passing. After learning the game, players exercise faster decision making, pass and move more rapidly, and often show greater creativity on the field. Learn the sport that helped make Messi, Neymar, and Ronaldo some of soccer's top players. Sam Rogers, who teaches Physical Education at The McGillis School, is a former professional soccer

player, and an experienced youth coach for the Utah Development Academy. This "next step" class, tailored to those who have existing Soccer or Futsal knowledge, will focus on more complex training and build on the foundations learned in the introductory class. Emphasis will be placed on further developing the individual player through complex drills and fast paced scrimmages suited for intermediate and advanced players.

Grades: 3 - 8
Instructor: Sam Rogers
When: Fridays
Time: 5:00 P.M. - 6:00 P.M.
Start Date: September 27th
End Date: December 13th (no class October 25th and November 29th)
Total Sessions: 10
Cost: \$150.00
Registration and Payment: Please contact Sam Rogers at srogers@mcgillisschool.org

Chess: Intermediate/Advanced

Intermediate and advanced chess is geared toward students who know how to play and are looking to improve their game and prepare for tournament competition. Students should know the value of pieces, the names of the squares, and how each piece moves and captures. Students will review opening principals, improve their endgame techniques, solve tactical problems, and play practice games with fellow classmates. Emphasis will be placed on combinations, calculations, tactics, and visualization. Students will also practice using abbreviated algebraic notation and will be encouraged to notate their own games.

Grades: 2 - 8 (1st graders with existing knowledge of chess will be considered)
Instructor: Marti Olsen
When: Wednesdays
Time: 3:30 P.M. - 4:30 P.M.
Start Date: September 25th
End Date: December 18th (no class October 9th)
Total sessions: 11
Cost: \$160.00
Registration and Payment: Please email Marti Olson at marti.art@hotmail.com

Lego Engineering: Introduction to STEM

In this 8-week LEGO engineering program, students will work both individually and in teams to build and design their own LEGO creations using thousands of LEGO blocks. With a new spring curriculum, both new and returning LEGO engineers will get to explore updated projects and challenges. Students will take their LEGO engineering skills to the next level as they construct in an environment of creativity, problem solving, and conceptual thought.

Grades: K - 2

Instructor: Play-Well TEKnologies

When: Thursdays

Time: 3:30 P.M. - 5:00 P.M.

Start Date: September 19th

End Date: November 14th (no class October 24th)

Total sessions: 8

Cost: \$136.00

Registration: Register online at www.play-well.org or call 720-515-7309

Lego Engineering: STEM Challenge

In this 8-week LEGO engineering program, students will work individually and in teams to build and design their own LEGO creations using thousands of LEGO blocks. With a new spring curriculum, both new and returning LEGO engineers will get to explore updated projects and challenges. Students will take their LEGO engineering skills to the next level as they construct in an environment of creativity, problem solving, and conceptual thought.

Grades: 3 - 6

Instructor: Play-Well TEKnologies

When: Tuesdays

Time: 3:30 P.M. - 5:00 P.M.

Start Date: September 17th

End Date: November 12th (no class October 1st)

Total sessions: 8

Fee: \$136.00

Registration: Register online at www.play-well.org or call 720-515-7309

Nerd Hour

Nerd Hour is back for the 2019-2020 school year! Kick back and enjoy your Monday afternoons. Play a leisurely board game, intently outmaneuver your opponents in a hotly contested Magic: The Gathering Tournament, or immerse yourself in an imaginative Dungeons and Dragons campaign - Nerd Hour is the place for games! Whether you play soccer the rest of the week or you are working on your latest video game achievements, Monday is the time and Room 204 is the place to let your nerd side rule.

Grades: 5 - 8

Instructor: Stephen Capone

When: Mondays

Time: 3:20 P.M. - 5:20 P.M.

Start Date: September 16th

End Date: December 16th (no class September 30th and November 11th)

Total sessions: 12

Cost: \$ 200.00

Registration and Payment: Please contact Stephen Capone at scapone@mcgillisschool.org.